



Episode Synopses for May, 2020

Week of May 04, 2020		
4-May	BALA-3112-567	When you accessorize an outfit, we probably think of jewelry, purses, and shoes – but what about eyewear? Then, chef Ralph travels to Lion Country Safari, the first drive-through safari in Florida! Watch as he creates vegetarian tacos, perfect for any occasion. Plus, fashionable and affordable premium denim for the whole family from Signature by Levi Strauss & Co. – only on <i>The Balancing Act</i> .
5-May	BALA-3113-568	Don't move! <i>The Balancing Act's</i> host Amber Milt is going behind the scenes of some of Broadway's best musicals.
6-May	ACHL-0055-565	On this special edition of <i>The Balancing Act: Access Health</i> , join us for a panel discussion on advances in wound closure technology for knee replacement surgery.
7-May	BALA-3013-460	Financial Analyst Natali Morris follows the journey of one Spokane, Washington family as they navigate their way to a stable financial future.
8-May	BALA-3073-526	On this episode of <i>The Balancing Act</i> , we're learning about two cutting-edge medical innovations. Plus, we're in the kitchen with chef Ralph Pagano cooking up tailgate recipes.



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Week of May 11, 2020		
11-May	BALA-3135-591	Broadway Balances America-Miss Saigon; Help for those with hearing loss; What you need to know about adult incontinence.
12-May	BALA-3136-592	We're back in <i>The Balancing Act</i> studio discussing parenting tips, identity theft protection, the return of Supernanny, and more.
13-May	BALA-3140-593	How to get a better night's sleep; Women in the workforce with non-traditional careers; An icy way to help soothe mouth sores caused by chemotherapy.
14-May	ACHL-0062-594	Investigating Peripheral Artery Disease (PAD), a common circulation disorder that can lead to life threatening outcomes. Access Health discovers the latest in technological innovations in diagnosis, assessment and management.
15-May	BALA-3089-542	From Broadway to cooking and health, stay tuned for another jam-packed episode of <i>The Balancing Act</i> .



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Week of May 18, 2020		
18-May	BALA-3014-461	Money saving tips, how to be your own boss, how to plan the perfect party, and vacation in style.
19-May	BALA-3015-462	We're giving all the mom's out there tips to master being a mom boss! Spot your child's health issues early, make a meal that will leave your family wanting more, how to change a tire, and how to master home loan approvals.
20-May	BALA-3016-463	From Disney's "Aladdin: The Musical" to creating your own signature scent with PartyLite candles... a yummy recipe for good measure....magical ways to balance your life.
21-May	BALA-3090-543	Stay tuned as we get an inside look at Broadway sensation, "Miss Saigon." Plus, we're back in the kitchen with celebrity chef Ralph Pagano, and making the stories of the Bible come to life with Bible Belles.
22-May	BALA-3074-527	On this episode of <i>The Balancing Act</i> , we're offering helpful tips for every aspect of life—from cooking and gift-giving, to retirement and more.



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Week of May 25, 2020		
25-May	BALA-3017-464	Behind the scenes of Andrew Lloyd Webber's sequel to "Phantom of The Opera," "Love Never Dies." For your health, we tackle the top symptoms and triggers for primary periodic paralysis and how to know if you're having a stroke.
26-May	BALA-3095-537	On this Special Edition of <i>The Balancing Act</i> , correspondent Beth Troutman will travel to Kansas City to meet CBD American Shaman founder Vince Sanders.
27-May	ACHL-0046-528	UPMC's Living Donor Liver Transplant Program is changing the lives of patients with end-stage liver disease. Learn why this innovative option is gaining broader acceptance in the transplant community.
28-May	BALA-3018-465	<i>The Balancing Act</i> goes behind the scenes with Emilio & Gloria Estefan and the Broadway Musical "On Your Feet". Find the perfect pairing with M�nage � Trois wines.
29-May	BLLF-0008-544	We travel to Boston Market in Fresh Meadows, NY meeting a compassionate team who has been thriving to raise proceeds while providing wholesome family meals to non-profit organization Give Kids The World.