



Host: Dr. Partha Nandi

- SHOW # DN-110 -

- INITIAL FEED DATE: THURSDAY, JUNE 06, 2019 -

SYNOPSIS

Connecting With Others... Could Forming a Purpose With People Help You Live Longer?

It's time to come out of your shell and make some friends. University of Michigan Center for Positive Organizations expert Chris White says It could just save your life. Join Dr. Partha Nandi, Chris and mass influencer, Teresa de Groisbois as they talk about the importance of surrounding yourself with people to make your personal and professional lives more healthy.

This program is closed captioned



Host: Dr. Partha Nandi

- SHOW # DN-131 -

- INITIAL FEED DATE: THURSDAY, JUNE 13, 2019 -

SYNOPSIS

The Greening of Your Home and Community – Safety and Sustainability to Live By

Green is the gold standard of healthy living. Dr. Partha Nandi shares the story of Dr. Dan Pompa who's environment and lifestyle made him chronically ill and how one woman, Kathryn Kellogg is avoiding toxins in her environment by living a completely sustainable lifestyle. And, check out some products that you can incorporate into your day-to-day, such as My Green Fills laundry products and AnnMarie Skin Care products to help make your life healthier.

This program is closed captioned



Host: Dr. Partha Nandi

- SHOW # DN-132 -

- INITIAL FEED DATE: THURSDAY, JUNE 20, 2019 -

SYNOPSIS

Medical Miracles 2

Driven to help others, Dr. Nandi, MD explores exceptional healing methods that have eluded scientific study. Techniques where the “how” and “why” can’t be scientifically explained but the results can’t be ignored. Guest Jennifer Hough discusses the power of your thoughts and the impact on your health. Gary Stuart reveals how ancestral DNA can affect your life and what to do about it. Dr. Lin Morel tells how to approach life when bad stuff happens. Angelica Singh explains the Embodiment Process. And two extraordinary young girls can “read” while blindfolded, by tapping into their other senses.

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Host: Dr. Partha Nandi

- SHOW # DN-133 -

- INITIAL FEED DATE: THURSDAY, JUNE 27, 2018 -

SYNOPSIS

Eat Yourself Healthy (Food as Medicine)

Too many of us are eating our way to health problems and early graves. Dr. Shelly Sethi reveals hidden ingredients in fast-food and explains why we should be cooking in the kitchen. A guest says butter and other fats are the secrets to weight loss and mental clarity. Heart Doctor Joel Kahn, MD reveals which dairy foods to ditch so you can avoid chronic disease. Nutritionist Teri Cochrane transformed thousands of lives and explains her radical back-to-basics lifestyle plan. And Ann Louise Gittleman, an Expert and Author of 30 books on diet shares what to put on our plates for the sake of our health.

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