



Host: Dr. Partha Nandi

- SHOW # DN-134 -

- INITIAL FEED DATE: THURSDAY, JULY 04, 2019 -

SYNOPSIS

Turn Back The Clock

Can you really turn back the clock and look years younger? Partha Nandi, M.D. talks with America's Holistic Plastic Surgeon Dr. Anthony Youn about non-invasive plastic surgery. Plus, Dr. Nandi explores other anti-aging options with his expert guests, including natural skin care products, protecting your skin, and looking good from the inside out.

This program is closed captioned



Host: Dr. Partha Nandi

- SHOW # DN-135 -

- INITIAL FEED DATE: THURSDAY, JULY 11, 2019 -

SYNOPSIS

Steps to a Healthy Relationship

Dr. Partha Nandi explores the connection between healthy relationships and good health with best-selling author and inspirational speaker Mastin Kipp. Plus, The Love Doctor Terri Orbuch, Ph.D., talks marriage and love, and therapist Lyn Lewis, Ph.D., breaks down the best practices for many types of relationships. Also, Dr. Nandi talks with a longtime couple about their secrets to a healthy relationship.

This program is closed captioned



Host: Dr. Partha Nandi

- SHOW # DN-136 -

- INITIAL FEED DATE: THURSDAY, JULY 18, 2019 -

SYNOPSIS

Is Technology Killing Us?

Dr. Nandi, MD investigates if cell phones are safe and how they are affecting our lives and our children. Join us in learning how to safeguard your family with Frank Clegg, former CEO of Microsoft Canada, and world renowned experts from the Environmental Health Trust.

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Host: Dr. Partha Nandi

- SHOW # DN-137 -

- INITIAL FEED DATE: THURSDAY, JULY 25, 2018 -

SYNOPSIS

Balance Your Hormones & Get Your Life Back

Hormonal imbalance can drastically change a woman's life. Dr. Nandi looks into the latest treatments, including a holistic approach, pelvic floor therapy, acupuncture, and the key foods and herbs that can help a woman get her life back. Plus, OB/GYN Dr. Shawn Tassone tells his very personal story about what led him to look for answers to a woman's hormonal imbalance issues.

This program is closed captioned



Host: Dr. Partha Nandi

- SHOW # DN-138 -

- INITIAL FEED DATE: THURSDAY, AUGUST 01, 2018 -

SYNOPSIS

Are we different or the same? The Changing American Family

Dr. Nandi, MD knows families come in all shapes and sizes, each with their own challenges. Dr. Gail Parker discusses how families are integrating. Open adoption, ethnic diversity and a panel of recent college graduates all highlight how today's families are succeeding with patience, understanding and love.

This program is closed captioned