



Host: Dr. Partha Nandi

- SHOW # DN-117 -

- INITIAL FEED DATE: THURSDAY, FEBRUARY 07, 2019 -

SYNOPSIS

Diet is a Four Letter Word for Failure

Be Your Own Health Hero is Dr. Nandi's MD mantra. He knows the weight struggle is real. Peter Thomas from the Biggest Loser, Florine Marks from Weight Watchers and affirmation/exercise guru, Patrica Marino all discuss how they have grappled with weight and won with their prescriptions for life.

This program is closed captioned



Host: Dr. Partha Nandi

- SHOW # DN-118 -

- INITIAL FEED DATE: THURSDAY, FEBRUARY 14, 2019 -

S Y N O P S I S

Can Humanity Thrive on Another Planet?

We humans like to think we'll be here forever, but the geological record shows that's unlikely. Earthquakes, rising seas, asteroids...all of these have the potential to put our entire species at risk. So does humanity need a contingency plan? Dr. Nandi raises the issue with Naveen Jain, whose company, Moon Express, is building machines to mine the moon for raw materials...and Professor Paul Van Susante of Michigan State, whose work with NASA involved looking at the nitty-gritty details of what it takes to send humans to other planets.

This program is closed captioned



Host: Dr. Partha Nandi

- SHOW # DN-119 -

- INITIAL FEED DATE: THURSDAY, FEBRUARY 21, 2019 -

SYNOPSIS

Please Make My Pain Go Away

Do you suffer from pain that just won't go away? Dr. Nandi, MD and his guests discuss techniques and solutions that could be the perfect fit for you. Debora Wayne faced her own health crisis which lead her to develop three critical keys to living pain-free. After a car accident, Emily Lark spent a year icing her back before creating the Healthy Back System. Dr. Rump explains how quantum neurology can fix the body. Phaedra Antioco advocates for Myofascial Release after waking in a hospital bed in a full body brace and a serious brain injury. And Dr. Schubiner explains brain-generated pain and how to overcome it.

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This program is closed captioned



Host: Dr. Partha Nandi

- SHOW # DN-107 -

- INITIAL FEED DATE: THURSDAY, FEBRUARY 28, 2018 -

S Y N O P S I S

Stop Cancer Dead in its Tracks

Cancer doctors talk with Dr. Nandi, MD about the importance of early detection, treatment options and survival rates for some of the most common cancers. Plus, a cancer survivor tells her emotional story of discovering a cancerous lump in her breast during a self-exam and shares her road to treatment and recovery.

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