



Host: Dr. Partha Nandi

- SHOW # DN-123 -

- INITIAL FEED DATE: THURSDAY, APRIL 04, 2019 -

SYNOPSIS

Get a Good Night's Sleep

With so many of his patients complaining about not getting enough sleep, Dr. Partha Nandi goes in search of answers. Sleep Psychologist Deirdre Conroy, Ph.D., talks about how she cured one man's chronic insomnia after it nearly destroyed his life. Sylva Dvorak, Ph.D., explains how the body, mind and spirit impact the sleep cycle. Infant Sleep Consultant Patty Jacobs has great advice for new parents, and Wellness Expert Karen Brody tells how women can go from worn out to well-rested.

This program is closed captioned



Host: Dr. Partha Nandi

- SHOW # DN-124 -

- INITIAL FEED DATE: THURSDAY, APRIL 11, 2019 -

S Y N O P S I S

Unlocking the Mystery of the Thyroid

Thyroid problems are often overlooked or misdiagnosed. Dr. Partha Nandi's expert guests unlock the mystery surrounding this very important gland. Dr. Amy Myers tells her own personal story about having a thyroid disorder and how she is helping other women with similar issues. Plus, author Rock Robbins reveals the harrowing story of his wife's journey with thyroid disease and how it affected their marriage.

This program is closed captioned



Host: Dr. Partha Nandi

- SHOW # DN-125 -

- INITIAL FEED DATE: THURSDAY, APRIL 18, 2019 -

SYNOPSIS

Parkinson's Does Not Have To Stop You From Living

Parkinson's may be life-changing but the diagnosis is not a death sentence. It's quite possible to live a full and happy life. Guest Jimmy Choi shares how he once was so down and disabled he fell down the stairs while holding his 10-month-old son. He then turned his life around and has run in over 100 half marathons and was a contestant on American Ninja Warrior. Dr. Nandi and his experts discuss the effects of Parkinson's on the body, how successful deep brain stimulation is, and if physical fitness and dance therapy can improve symptoms.

This program is closed captioned



Host: Dr. Partha Nandi

- SHOW # DN-126 -

- INITIAL FEED DATE: THURSDAY, APRIL 25, 2018 -

SYNOPSIS

Dealing with Death

Death is a normal part of life, we'll all face or experience it at some point in our lives. Yet so many of us are too afraid to talk about it. Dr. Nandi, MD dives into this taboo topic with deep and provocative guests. Author Robert Clancy explains a powerful and comforting message: happiness can be found in the darkest of times. Transformative Speaker Gary Stuart lost his spouse and shares the lessons he learned from this grieving experience. A guest speaks about 3 devastating losses, and how she coped with her father's death, her best friend's murder, and her husband who died of a massive heart attack. And Energy Healer Elaine Grohman shares how she helps people prepare for death. Plus the details of her near-death experience.

This program is closed captioned



Host: Dr. Partha Nandi

- SHOW # DN-109 -

- INITIAL FEED DATE: THURSDAY, MAY 02, 2019 -

SYNOPSIS

Does Cancer Have to Be Treated Just One Way?

Dr. Nandi, MD sits down with guests who faced frightening cancer diagnoses and opted for non-traditional medical routes. Stage 3 colon cancer survivor Chris Wark skipped chemotherapy and reveals his lifestyle changes that saved his life. Bio-energetic Chiropractor Veronique Desaulniers shares her breast cancer scare and why she feels it's necessary to heal emotional wounds. Hope4Cancer Medical Doctor Antonio Jimenez discusses effective holistic and natural cancer treatments used at his clinics. And Cancer Specialist Dr. George Howard explains how effective traditional therapies are and his thoughts on alternative cancer treatments.

This program is closed captioned