



## Episode Synopsis

### **Episode CWA-175, Initial Feed Date: Thursday, NOVEMBER 09, 2017**

This week on an all-new *Coffee With America*, host Sasha Rionda is getting you into the holiday spirit! Interior Designer Lauren Makk shares some insider tips on how to create an awesome holiday meal without spending hours in the kitchen. Plus, see which toys will be big hits for Black Friday and Cyber Monday shopping. And, Actor Derek Theler from the Marvel TV Series "New Warriors" explains what it's like living with Type-1 Diabetes. Plus, we take you inside the SEMA Auto show!

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## Episode Synopsis

### **Episode CWA-176, Initial Feed Date: Thursday, NOVEMBER 16, 2017**

Are you ready for the holidays? Host Sasha Rionda will help you get there, on this week's all-new *Coffee With America*. We're heading to the kitchen with the author of "Eat Rich, Stay Skinny!" Parker Wallace shares her tips on how to enjoy holiday foods without the guilt. Plus, get a look at the Hottest toys of the holiday season. And, founder of One-Two Lash, Katy Stoka joins us in-studio.

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## Episode Synopsis

### **Episode CWA-177, Initial Feed Date: Thursday, NOVEMBER 23, 2017**

Coming up this week on *Coffee With America*, Sasha Rionda helps you take the "stress" out of your holiday travel planning with tips from Travel Expert Amy Goodman. Plus, our list of the Top Toy Picks for Black Friday and Cyber Monday. And, tips to protect yourself while shopping online.

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## Episode Synopsis

### **Episode CWA-178, Initial Feed Date: Thursday, NOVEMBER 30, 2017**

Get into the Holiday Spirit with Sasha Rionda! This week on ***Coffee With America***, Mario Armstrong joins us with the Top Gifts for Him & Her! Plus, Home Improvement Expert Danny Lipford shows you easy ways to get the home ready for holiday guests. And, Tech Expert Jennifer Jolly runs down her list of Gifts to Inspire, Educate and Entertain!

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