



Episode Synopsis

Episode CWA-244, Initial Feed Date: Thursday, MARCH 07, 2019

Coming up this week on *Coffee with America*, Sasha Rionda is celebrating National Nutrition Month with easy ways for you to eat smarter. Plus, we'll hit the frozen food aisle for simple and delicious meal options.

Telco Productions, Inc.
2730 Wilshire Blvd., Suite 200, Santa Monica, CA 90403
tel. (310) 828-4003, fax (310) 828-3340
www.telcoproductions.com



Episode Synopsis

Episode CWA-245, Initial Feed Date: Thursday, MARCH 14, 2019

This week on an all-new *Coffee with America*, host Sasha Rionda is giving you travel ideas for Spring Break. We'll tell you where to go and how to save money getting there. Plus, National Nutrition Month continues with dietitian approved and tasty meal options.

Telco Productions, Inc.
2730 Wilshire Blvd., Suite 200, Santa Monica, CA 90403
tel. (310) 828-4003, fax (310) 828-3340
www.telcoproductions.com



Episode Synopsis

Episode CWA-246, Initial Feed Date: Thursday, MARCH 21, 2019

New this week on ***Coffee with America***, host Sasha Rionda wants to help you take care of yourself as winter comes to an end. We've got spring beauty and style suggestions for the whole family.

Telco Productions, Inc.
2730 Wilshire Blvd., Suite 200, Santa Monica, CA 90403
tel. (310) 828-4003, fax (310) 828-3340
www.telcoproductions.com



Episode Synopsis

Episode CWA-247, Initial Feed Date: Thursday, MARCH 28, 2019

Sasha Rionda hosts an all-new *Coffee with America*. This week, spring is officially here and that means cleaning. We'll help you get everything spruced up. Plus, we're helping you avoid diet disasters.

Telco Productions, Inc.
2730 Wilshire Blvd., Suite 200, Santa Monica, CA 90403
tel. (310) 828-4003, fax (310) 828-3340
www.telcoproductions.com