

### Episode CWA-183, Initial Feed Date: Thursday, JANUARY 047, 2018

This week on an all-new *Coffee With America*, host Sasha Rionda is helping you tackle your toughest resolutions! Plus, information for Veterans and their families thinking of going back to college. And, Veterinarian Dr. Evan Antin stops by with tips to get your pets healthy, as well, in the New Year!



# Episode CWA-184, Initial Feed Date: Thursday, JANUARY 10, 2018

This week on *Coffee With America* host Sasha Rionda is helping you get set for the New Year. American Ninja Warrior's Meaghan Martin joins us with her pro-tips for getting healthy. Plus, some ideas to get a fresh start on your personal finances. And, get a sneak peek inside CES!



## Episode CWA-185, Initial Feed Date: Thursday, JANUARY 17, 2018

Coming up this week on *Coffee With America*, Sasha Rionda takes you inside the CES! From cars to appliances and cell phones—we have a closer look at the technology everyone's talking about. Plus, see what Facebook is doing to give small businesses a boost.



### Episode CWA-186, Initial Feed Date: Thursday, JANUARY 24, 2018

Sasha Rionda hosts an all-new *Coffee With America*. This week, we give you a sneak peek at the latest cars, trucks and trends coming from the Detroit Auto Show! Plus, see the top new devices and trends at CES! And, we are getting you ready for the Big Game!



### Episode CWA-187, Initial Feed Date: Thursday, FEBRUARY 01, 2018

Sasha Rionda hosts a fun-filled *Coffee With America*. This week, Actress Melissa Joan Hart joins us with her top tips for planning nutritious family meals in 2018. Plus, former NFL Pro Ovie Mughelli shows us how to throw the Ultimate Big Game party. And, Pilates Teacher Chelsea Streifeneder demonstrates how to use pilates to get the body you really want!