



Episode Synopses September, 2017

Week of Sep. 04, 2017		
04-Sep.	ACHL-0028-453	Exploring ways you can improve your body's mechanics with the latest innovations in medical care, including hip replacement, and the ketogenic lifestyle to keep your body running at peak performance.
05-Sep.	BALA-2866 193	Today, the Balancing Act® will feature fine paper products made mostly in the U.S.A; and tips on refinancing your car loan
06-Sep.	BALA-2867 194	The Balancing Act Goes Natural with tips and advice on getting beach body ready with a healthy lifestyle and an all-natural multi-tasking product.
07-Sep.	BALA-2868 195	Go Behind the Mystery of a rare blood clotting disorder risky for expectant moms; plus learn about online math and science courses that fit your schedule and could boost your career
08-Sep.	BALA-2869-196	Today's show will feature how women can increase their financial literacy; plus discuss a rare and genetic bone disease that afflicts babies and young children



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Week of Sep. 11, 2017		
11-Sep.	BALA-3008-454	On this buzz worthy edition of The Balancing Act, hosts Amber Milt and Olga Villaverde dive into the hive, exploring the fascinating world of bees, and showing how we all do our part to Feed a Bee.
12-Sep.	BALA-3009-455	Tips on the importance of vitamins supplement for pet health; Protecting your skin from the sun; Quick Bytes with Chef Ralph Pagano –Tilapia; Tips on the home loan process and all you need to know about Clubfoot.
13-Sep.	BALA-3010-456	On today's show we're helping all the foodies out there with entertaining tips! From pairing the perfect wine with your meal, stirring up some quick meals for your guests, and creating the perfect and adorable cookie bar!
14-Sep.	BALA-3011-457	Keeping your body, car, and home with tip top shape with advice from experts you can trust!
15-Sep.	BALA-3012-458	Everything you need to know about cord blood banking. Everything you need to know about cord blood banking. Maggi Liquid Magic in a bottle! What to look for when choosing sunscreen.



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Week of Sep. 18, 2017		
18-Sep.	BALA-2875-202	Getting a degree online and becoming your own boss; the Tech Girls Rock program designed to inspire the next generation in STEM careers; advice on how to avoid fighting over money with your spouse.
19-Sep.	BALA-2876-203	Viewers go behind the scenes of Rodger's + Hammerstein's Cinderella, a classic tale with a modern twist; plus learn about Corporate Wellness as our Host gets biometric testing on set
20-Sep.	BALA-2878-204	Today's focus is on health and beauty: reduce the signs of aging and reclaim your beautiful skin, cook up tasty healthy bean-based meals, RESTORE your gut health for a healthier you.
21-Sep.	BALA-2879-205	Advice for parents on giving your child a cell phone for the first time; how Generation-Next students get an edge in today's job market and pursue their passions...affordably
22-Sep.	BALA-2880-206	"Be the Change" looks at how Denny's is helping feed America; explore the open waters with cruise options Italian style; stay connected to your health numbers with mobile health care products



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Week of Sep. 25, 2017		
25-Sep.	ACHL-0029-459	Fractures in the vertebrae of the spine are common in people with Osteoporosis and often go unnoticed until consequences such as severe pain or lack of mobility occur.
26-Sep.	BALA-2881-207	Today's show shines the spotlight on protecting your family with life insurance, programs that train the trainer, urgent care to feel great with no wait, easy beef recipes.
27-Sep.	BALA-2882-208	Head to the kitchen for this Quick Bytes with Chef Ralph Pagano segment for tips on juicing; advice for women on protecting a family's financial future with life insurance
28-Sep.	BALA-2883-209	A "Be the Change" initiative with MetLife Foundation that helps empower women to build better financial lives; facts and treatments for rosacea; easy beef recipes with Quick Bytes with Ralph Pagano
29-Sep.	BALA-2884-210	Learn how first time students to entrepreneurs can to pursue their passion with online education; get a sneak peak of behind the scenes of the touring production of Kinky Boots