



## Episode Synopses for October 2017

Week of Oct. 02, 2017		
02-Oct.	BALA-2885-211	Innovations in three types of minimally invasive surgery; maximizing value of life insurance policy as a powerful wealth building tool.
03-Oct.	BALA-2886-212	Get away with girlfriends or family to the Smoky Mountains; learn about the benefits of dental savings plans; hear about a rare & genetic disease Transthyretin-Mediated Amyloidosis, and from a patient who has it
04-Oct.	BALA-2887-213	Today's show focuses on pets! The Be the Change series features how to transform your family, community and pet through the gift of pet adoption; protect your pet and get peace of mind with pet insurance
05-Oct.	BALA-2888-214	An easy recipe for Hawaiian pork with a noodle twist; easier shopping with smart nutrition labels; a faith-based program that offers recovering addicts promising treatment options.
06-Oct.	BALA-2889-215	Be the Change series features initiative to empower people to help prevent abduction & keep children safer; learn how to maximize the value of life insurance policy.



## Episode Synopses for October 2017

Week of Oct. 09, 2017		
09-Oct.	BALA-2890-216	Behind the Scenes of touring Broadway musical IF/THEN that follows two life paths for a modern women; Behind the Mystery of a rare and chronic lung disease, NTM that presents with common symptoms.
10-Oct.	BALA-2891-217	Ramen noodles with a Greek/Italian twist; Spotting GMOs in your family's food; a holistic approach to addiction treatment programs; how to choose the right makeup color to match complexion.
11-Oct.	BALA-2841-218	Learn the three steps to help empower women in their financial and personal lives and build a solid foundation for themselves and their families
12-Oct.	BALA-2842-219	The road to addiction recovery takes immense strength, courage, support and guidance. This special edition of The Balancing Act exams the many faces of addictions as host Olga Villaverde speaks with recovering addicts.
13-Oct.	BALA-2843-220	Today's show is all about empowering women; from learning the truth about GMO's, becoming a successful e-commerce entrepreneur, firearm safety to hi-tech tablets for kids



## Episode Synopses for October 2017

Week of Oct. 16, 2017		
16-Oct.	BALA-2870-197	On today's show, learn tips and advice on how to build a stronger financial future starting with saving each month.
17-Oct.	BALA-2871-198	Learn how stay-at-home moms can make it work financially, online classes that fit your lifestyle and help with career advancement; plus optimize nutrient absorption with protein shakes and more.
18-Oct.	BALA-2872-199	Entrepreneur opportunity in the beauty industry; Drug & Alcohol Treatment Programs tailored for young adults; online accelerated degree programs that fit your schedule.
19-Oct.	BALA-2873-200	Learn tips to help check if your child or teen is doing drugs; a SMART gadget guide for back-to-school tablets and smart phones for kids.
20-Oct.	BALA-2874-201	Drug and Alcohol Treatment Programs tailored for adults over 30, Online courses perfect for busy moms for career advancement, Repairing, understanding and restoring credit.



## Episode Synopses for October 2017

Week of Oct. 23, 2017		
23-Oct.	BALA-2925-351	Our hosts cover the topics that hit home: improving your family's dental care, planning your next road trip, addressing children's reading challenges, returning to college as an adult and improving the classic Cobb salad.
24-Oct.	BALA-2926-352	End procrastination! Waiting too long to do anything is a bad habit. We examine ways to stop putting off your health, getting your dog groomed and finding healthier skincare solutions.
25-Oct.	BALA-2928-354	There are many reasons for taking trips. On this episode we discuss less-expensive, world-class surgery trips and taking pets along for the ride, plus non-GMO's for your skin, beauty and health.
26-Oct.	BALA-2929-355	Whether you are helping to fight the cure for diabetes, coming up with a revolutionary wearable insulin delivery device or being made aware of a rare disease, <i>The Balancing Act</i> keeps you "in the know."
27-Oct.	BALA-3019-466	This episode of <i>The Balancing Act</i> focuses on breast cancer awareness.



## Episode Synopses for October 2017

Week of Oct. 30, 2017		
30-Oct.	BALA-2931-357	Whether it's the thrill of adventure and learning how to ride motorcycles or the thrill of a great deal while shopping, <i>The Balancing Act</i> will show you great ways to spend your money.
01-Nov.	BALA-2932-358	Gastrointestinal pain got you down or embarrassed? Find out how to stop ALL the discomfort. What are advantages of a sorority or fraternity? Find out about "Greek Life" on college campus. Discover technology for your lost pet.
02-Nov.	BALA-2933-359	Educate yourself with a bright future from FIU, a university designated as a top-tier research institution. Also on <i>The Balancing Act</i> , you'll learn about a quick and reliable blood test to diagnose IBS.
03-Nov.	BALA-2935-361	The creator of the non-electric, portable slow cooker called the Wonderbag and Dr. Emily Hunt, a Dean at West Texas A&M University, talk about their "ah-ha" moments.
04-Nov.	BALA-2936-362	We cover non-GMO ingredients for our skin and hair, lip-smacking jams from E.D. Smith foods and reducing health care costs with a medical security card.