



Episode Synopses for May, 2019

Week of May 06, 2019		
06-May	BALA-3083-534	On this edition of <i>The Balancing Act</i> , we're diving into fashion, travel, and the importance of taking control of your health.
07-May	BALA-3084-535	The <i>Balancing Act</i> returns with an all-new episode covering the latest on Broadway as well as a cutting-edge device improving the lives of those with type 1 diabetes.
08-May	BALA-3085-536	On this special edition of <i>The Balancing Act</i> on Rare Disease Day, we are taking a look at the lives of patients who suffer from lesser-known conditions.
09-May	ACHL-0048-538	On this edition of <i>The Balancing Act: Access Health</i> , Erika Vetrini is getting a closer look at abdominal aortic aneurysms, a condition known as the "silent killer."
10-May	ACHL-0049-539	On this edition of <i>The Balancing Act: Access Health</i> , learn about the life-changing benefits of medical imaging, organ donation, and healthy habits.



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Week of May 13, 2019		
13-May	BALA-3095-537	On this Special Edition of <i>The Balancing Act</i> , correspondent Beth Troutman will travel to Kansas City to meet CBD American Shaman founder Vince Sanders.
14-May	BALA-2918-334	Go back to school for your master's at Colorado Christian University, try out some chicken casserole with Maruchan and be safe on the road with tips from TA and Petro Travel Centers. Don't miss this episode of <i>The Balancing Act</i> .
15-May	BALA-2920-335	Learn more about holistic drug and alcohol addiction treatment, the importance of preventative veterinary care and putting your best foot forward in college - all on today's episode of <i>The Balancing Act</i> .
16-May	BALA-2921-336	Our wedding special continues with experts from <i>The American Wedding</i> , who go over every detail of the perfect invitation. Not to mention a look at what one of their wedding gurus did for her own wedding!
17-May	BALA-2922-337	Get motivated to complete your college degree, learn how to be safe on the road and get the recipe for a delicious Thai noodle soup, all on this episode of <i>The Balancing Act</i> .



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Week of May 20, 2019		
20-May	BALA-2923-338	Transformations Drug & Alcohol Treatment Centers, Merck Animal Health and Microsoft take center stage on <i>The Balancing Act</i> .
21-May	BALA-2768-156	Today's show tackles tough carpet stains, talks firearm safety and tips for becoming a homeowner.
22-May	BALA-3008-454	On this buzz worthy edition of <i>The Balancing Act</i> , hosts Amber Milt and Olga Villaverde dive into the hive, exploring the fascinating world of bees, and showing how we all do our part to Feed a Bee.
23-May	BALA-3009-455	Tips on the importance of vitamins supplement for pet health; Protecting your skin from the sun; Quick Bytes with Chef Ralph Pagano – Tilapia; Tips on the home loan process and all you need to know about Clubfoot.
24-May	BALA-3010-456	On today's show we're helping all the foodies out there with entertaining tips! From pairing the perfect wine with your meal, stirring up some quick meals for your guests, and creating the perfect and adorable cookie bar!



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Week of May 27, 2019		
27-May	BALA-3068-523	On this episode of <i>The Balancing Act</i> , we're covering all things health—from narcolepsy to neck pain.
28-May	BALA-3069-524	On this special-edition of <i>The Balancing Act</i> , we're focusing on issues affecting today's youth—seen and produced through the eyes of <i>The Balancing Act's</i> production interns.
29-May	BALA-3070-525	On this episode of <i>The Balancing Act</i> , we're covering everything from caregiving and fertility treatments, to delicious slow cooker recipes with celebrity chef Ingrid Hoffmann.
30-May	BALA-3011-457	Keeping your body, car, and home with tip top shape with advice from experts you can trust!
31-May	BALA-3012-458	Everything you need to know about cord blood banking. Maggi Liquid Magic in a bottle! What to look for when choosing sunscreen.