



Episode Synopses August, 2018

Week of August 06, 2018		
06-Aug.	BALA-3019-466	This episode of <i>The Balancing Act</i> focuses on breast cancer awareness.
07-Aug.	BALA-3013-460	Financial Analyst Natali Morris follows the journey of one Spokane, Washington family as they navigate their way to a stable financial future.
08-Aug.	BALA-3014-461	Money saving tips, how to be your own boss, how to plan the perfect party, and vacation in style.
09-Aug.	BALA-3015-462	We're giving all the mom's out there tips to master being a mom boss! Spot your child's health issues early, make a meal that will leave your family wanting more, how to change a tire, and how to master home loan approvals.
10-Aug.	BALA-3016-463	From Disney's "Aladdin: The Musical" to creating your own signature scent with PartyLite candles... a yummy recipe for good measure....magical ways to balance your life.



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Week of August 13, 2018		
13-Aug.	BALA-3017-464	Behind the scenes of Andrew Lloyd Webber's sequel to "Phantom of The Opera," "Love Never Dies." For your health, we tackle the top symptoms and triggers for primary periodic paralysis and how to know if you're having a stroke..
14-Aug.	BALA-3018-465	The Balancing Act Goes Behind the Scenes with Emilio & Gloria Estefan and the Broadway Musical "On Your Feet". Find the perfect pairing with Ménage à Trois wines.
15-Aug.	ACHL-0031-468	Living with Polycythemia Vera-- Understanding Your Symptoms.
16-Aug.	BALA-3027-474	The benefits of essential oils; Earning points for your travels; Holiday dessert recipes; Giving the gift of beauty- ways to hydrate your skin.
17-Aug.	ACHL-0033-477	Tardive Dyskinesia is a movement disorder that occurs after Long-term use of antipsychotic medications. Now there is a way to manage your symptoms, while keeping your psychosis under control.



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Week of August 20, 2018		
20-Aug.	BALA-3021-469	Broadway Balances America: Behind the scenes of Waitress- The Musical. Serving up quick and easy meals right from the freezer, plus the tip and tools you need to know when it comes to life insurance.
21-Aug.	BALA-3022-470	A look into two diseases.... the rare Congenital Plasminogen Deficiency and the more common Lupus Nephritis. Patients stories, doctor expertise and what's on the horizon for treatment.
22-Aug.	BALA-3024-472	Aging in Place- How the NCCAP provides accreditation for home care givers. What you need to know about life insurance. Get motivated to lose weight effectively, plus how to pick the right sunscreen.
23-Aug.	BALA-3026-473	Another side to Mexico through the eyes of the La Coleccion resorts. We showcase the magic, safety, and uniqueness that is La Collection resorts.
24-Aug.	BALA-3029-478	Learn how to make the most of your life with an online education from Independence University, how to have healthy joints, skin and hair thanks to Great Lakes Gelatin, and of course behind the scenes of Chicago with Amber.



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Week of August 27, 2018		
27-Aug.	BALA-3031-479	Find Your Signature Scent and Be Your Own Boss with PartyLite. Van Rentals Made Easy. The Cheesecake Factory At Home Cheesecake Mixes. Ready to Drink Coffee-What You Need to Know.
28-Aug.	BALA-3032-480	Behind the Scenes with the Broadway Musical Waitress. Hosting how-to's with Ménage à Trois wines. Get cooking with Natures Touch Frozen Foods.
29-Aug.	BALA-3033-481	Learn about heart-healthy recipes and a new way to cleanse your skin.
30-Aug.	BALA-3037-484	Stories from the heart. Columbine survivor Crystal Miller & Stoneman Douglas student share their stories. Picking a retirement community. How Chef Ralph Pagano's life has changed since his kitchen explosion.
31-Aug.	BALA-3039-485	We're in the kitchen with restaurant-inspired recipes you can create at-home. Plus behind the scenes of Chicago-The Musical - 20 Years of Razzle Dazzle!